



PRODUCT EDUCATION & SHARING GUIDE

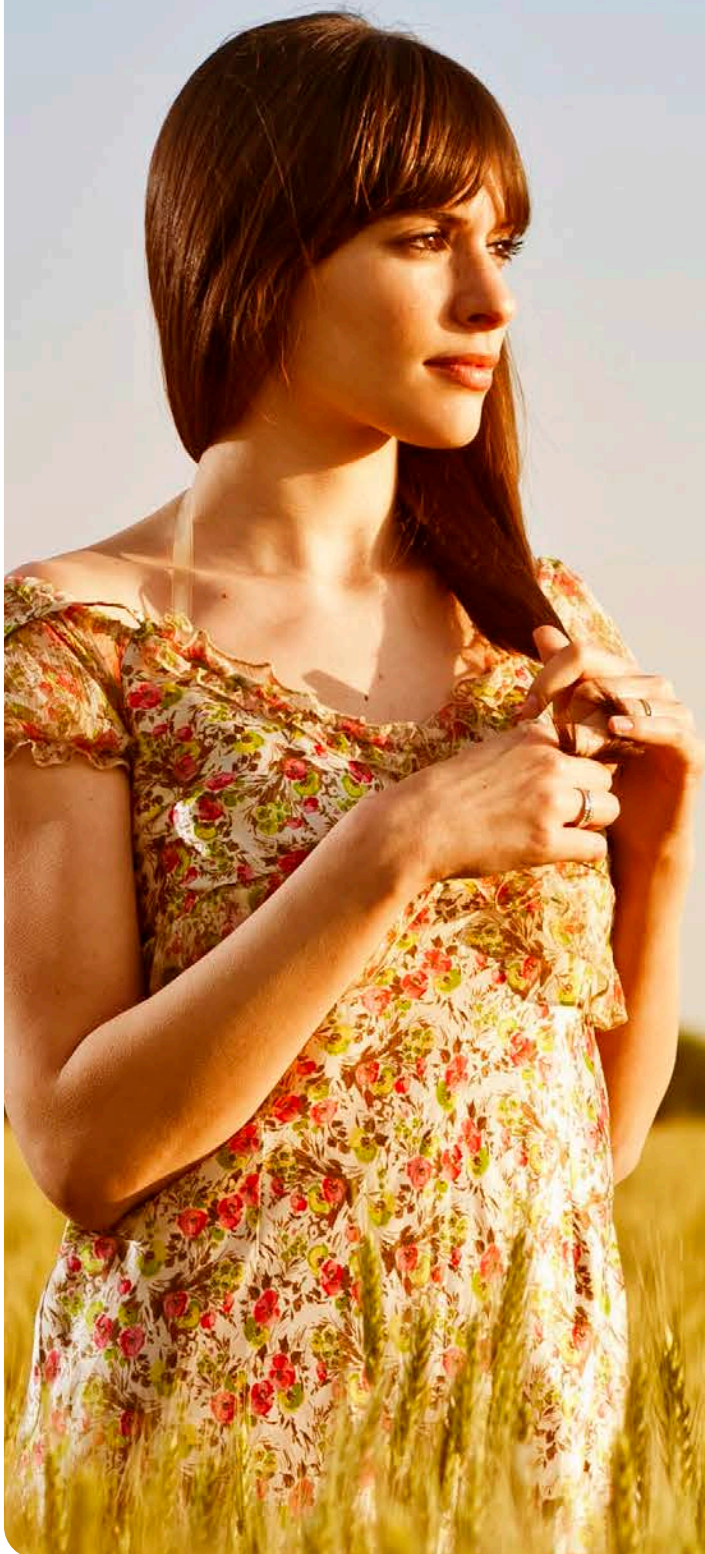


WORLD CLASS WHOLE-FOOD BASED NUTRITION & SUPPLEMENTS

Great nutrition is not easy, especially with our busy lifestyles. We know we and our families need to eat better, but sometimes we just don't have time to focus on high nutrient, whole food meals. Many people skip breakfast or grab snacks high in sugar and carbohydrates. Most of us are not getting the nutrients we need to fuel our bodies throughout the day. The long-term health effects of malnutrition can really slow us down.

Be Body Smart nutritional supplements and meal replacement powders rise to the challenge. Nutri-Smart daily is formulated to deliver complete nutrients equivalent to five servings of fruits and five servings of vegetables combined. Our delicious 100% whole food meal replacement powders deliver the protein, macronutrients and minerals you need to thrive in delicious, smooth shakes that appeal to everyone. You get the energy you need without chemicals, pesticides, and artificial coloring, flavoring, sweeteners and preservatives.

Be smart. Use Be Body Smart for optimal potency, absorption and effectiveness in your nutritional support.



RESTORE TOTAL HEALTH WITH BE BODY SMART NUTRITION.



EVERY DAY ESSENTIALS

It's important to give your body everything it needs to stay active and healthy. No matter where you are in life, your total health can benefit from complete nutrition. Let Be Body Smart supplement your wellbeing while you get on with living.

FULLY FOCUSED FITNESS

Exercise boosts fitness and places unique demands on muscles, bones and energy systems within your body. Support your fitness routine with delicious whole food meal replacement shakes that reinforce muscle growth and provide necessary energy while you push yourself to thrive.



GROWING UP STRONG

Children seem to be indestructible, but they don't always make wise food choices to support the active lifestyles. Be Body Smart is a delicious way to strengthen and support their growing systems and give their little bodies the ability to recover quickly to maintain overall health.

DEMANDING LIFESTYLES

The challenges of everyday life push us to do more with less. Long hours, stress, and poor health choices can wear you down. Stay healthy and energized by giving your body and mind the support they need with the full spectrum of vitamins and minerals unique to Be Body Smart.





NOT ALL MRPs ARE CREATED EQUAL!

Our MRP formulas are designed as a resource to help you enjoy your daily nutrient needs. They are packed with what your body needs and are suitable for all ages. We've carefully selected and blended key ingredients that give our MRPs the most whole food power. Be Young MRPs are truly tasty, easily digestible, and balanced in both caloric and nutritional content.

AVOID THE ARTIFICIAL



- Artificial Sweeteners
- Artificial Flavors
- Refined Sugars
- Egg Allergens

Protein Complete	Power Meal	Slim & Sassy	Favao
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INSIST ON THE PURE & NATURAL

- Vitamins & Minerals
- Hormone Free New Zealand Protein
- Trace Mineral Whole Food Blend
- ProBiotics
- PreBiotics
- Digestive Enzymes
- Trademarked Ingredients
- Gluten Free
- Soy Free
- Antibiotic Free
- GMO Free

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DARE TO COMPARE

When choosing a supplement, it isn't enough to look for key nutrients, nor is it advisable to count the number of vitamins listed on the back of the bottle. For effective dietary support, you must address the source. Be Body Smart nutritionals pay particular attention to optimal nutrient delivery at the cellular level. By incorporating nutrients from all organic and naturally bio-available sources, Nutri-Smart™ equal to 5 daily servings of organic fruits and vegetables. Nutri-Smart™ ensures that your body has the digestible anti-oxidants and complete dietary support it needs.

ONLY NATURAL VITAMINS & MINERALS PROVIDE THE SUPPORT YOU NEED

- Organic and Natural Source
- Synthetic Source
- / Not in Formula



Vitamin A	●
Beta Carotene	●
Vitamin B-1	●
Vitamin B-2	●
Vitamin B-3 or Nicotinic	●
Pantothenic Acid B-5	●
Vitamin B-6	●
Biotin B-7	●
Folic Acid B-9	●
Vitamin B 12	●
Vitamin C	●
Vitamin D	●
Vitamin E	●
Vitamin K	●
Choline	●
Calcium	●
Phosphorus	●
Iodine	●
Iron	●
Copper	●
Magnesium	●
Potassium	●
Manganese	●
Boron	●
Chromium	●
Molybdenum	●
Selenium	●
Vanadium	●
Zinc	●

	Centrum	MusclePharm Armor V	NatureMade Multi	Nature's Way Alive!
Vitamin A	●	●	●	●
Beta Carotene	●	●	●	●
Vitamin B-1	/	●	●	●
Vitamin B-2	/	●	●	●
Vitamin B-3 or Nicotinic	●	●	●	●
Pantothenic Acid B-5	●	●	●	●
Vitamin B-6	●	●	●	●
Biotin B-7	●	●	●	●
Folic Acid B-9	●	●	●	●
Vitamin B 12	●	●	●	●
Vitamin C	●	●	●	●
Vitamin D	/	●	●	●
Vitamin E	●	●	●	●
Vitamin K	●	●	●	●
Choline	/	/	/	/
Calcium	●	●	●	●
Phosphorus	●	/	/	/
Iodine	●	/	●	●
Iron	/	/	●	/
Copper	●	●	●	●
Magnesium	●	●	●	●
Potassium	●	/	/	●
Manganese	●	●	●	●
Boron	●	/	/	/
Chromium	●	●	●	●
Molybdenum	●	●	●	●
Selenium	●	●	●	●
Vanadium	●	/	/	/
Zinc	●	●	●	●



FIND SUCCESS WITH THE LIFE REWARDING BENEFITS OF MRPs.

Be Young Total Health is dedicated to two overriding principles when presenting our unique product line. Each product must be life restoring and life rewarding for our Independent Sharing Partners and customers.

Just like our products, our compensation plan has been carefully structured. We provide our independent representatives with an opportunity to either supplement their incomes or pursue a full-time opportunity to maximize the Be Young Total Health proven path to residual income.

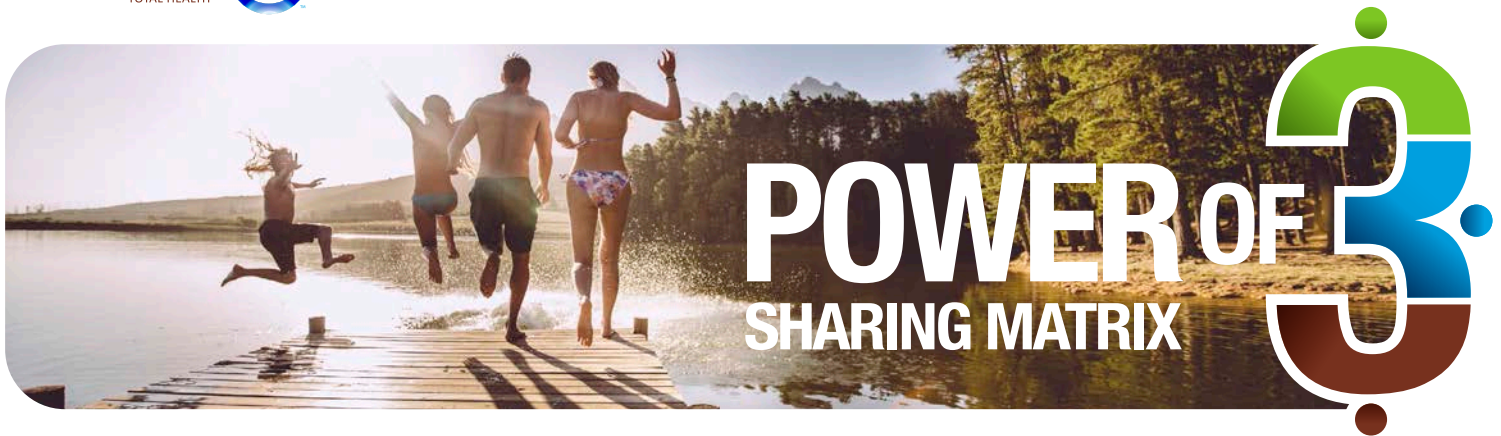
Be Young Total Health's high quality products are the foundation of our business. Each serving of Be Young MRP is packed with the most potent percentage of all-natural nutrients available on the market. And the tastiest, smoothest flavor.

But we aren't just an MRP company. From essential oils, skin care, Masaji juice, and supplements, we offer the full package for health, vitality and beauty at Be Young Total Health.

Let us share with you the full Be Young Total Health experience.



**EARN UP TO \$4,650 PER MONTH
WITH OUR POWER OF 3 PROGRAM**



POWER OF 3 SHARING MATRIX

GETTING STARTED IS AS EASY AS 1-2-3!

STEP 1: Get Active in Month 1

Sign up as a Be Young Total Health Sharing Partner (ISP) and commit to purchasing 140 Personal Volume (PV) each month.

STEP 2: Get Qualified in Month 2

Enroll three personally sponsored ISPs with Be Young Total Health who are also Active with 140 PV.

STEP 3: Build A Team in Month 3














Motivate each of your personally sponsored ISPs to sign up their own downline of three ISPs who are also Active (140 PV) and Qualified (personally sponsoring three ISPs.)

YOUR PERSONAL PLAN OF ACTION:

MONTH 1

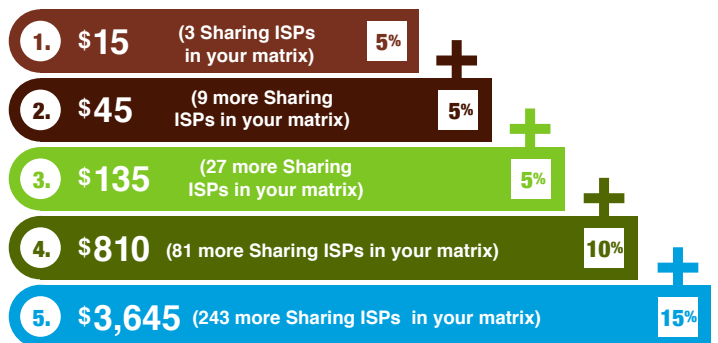
MONTH 2

MONTH 3

<p>Enroll and become active at 140 PV.</p>  <p>140 PV</p>	<p>Personally sponsor 3 ISPs active at 140 PV.</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>	<p>Help your personally sponsored 3 sign up 3 more for each of them. Activate each enrollee at 140 PV.</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>  <p>140 PV</p>
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***** THREE MONTHS IS NOT A REQUIRED PERIOD OF TIME. THE FASTER YOU BUILD YOUR TEAM, THE SOONER YOU WILL JOIN THE SHARING MATRIX AND BEGIN TO SEE YOUR MATRIX FILLED.

PARTICIPATION IN THE SHARING MATRIX PAYS 5 LEVELS DEEP



\$4,650 potential monthly income from full Matrix

BUILD ADDITIONAL TEAMS LIKE THIS ONE TO GENERATE MORE INCOME.

Because everyone in the Be Young Total Health organization has the opportunity to contribute to the Community Matrix, your job is as easy as 1-2-3. Just meet and maintain the three simple above listed criteria each month for the potential to earn a very lucrative income.

Be TRIM

Meal Replacement drink mix ▶

Our Be Trim formula is designed to assist you with your healthy weight management goals. Through the use of our proprietary fiber blend, all-natural sweetener, and protein formula, you'll experience the full benefits of nutrition, enjoyment and satiety.

Item#: 2520 PV: 31.2

Retail: \$60.00

Wholesale: \$48.00



Be HEALTHY

◀ Meal Replacement drink mix

Our Be Healthy formula is designed as a resource to help you enjoy your daily nutrient needs. Be Healthy differentiates itself from our Be Trim formula by offering two times the calcium and Vitamin D along with 100 million more Probiotic units. We've carefully selected and blended flax seed meal, powdered chia seed, and an ancient grain called Teff to fortify this formula with whole food power.

Item#: 2521 PV: 31.2

Retail: \$60.00

Wholesale: \$48.00



Be VEGAN

Meal Replacement drink mix ▶

Be Vegan is a delicious, all natural and completely balanced meal replacement shake containing over 20 unique superfoods. Soy free, gluten free, 100% dairy free and packed with vitamins, antioxidants, and ph balancing minerals, our specially formulated flavors are a hit with all ages.

Item#: 2523 PV: 31.2

Retail: \$60.00

Wholesale: \$48.00





◀ Nutri-Smart Dietary Supplement

Nutri-Smart™ provides nutrition equivalent to nearly 5 daily servings of organic fruits and vegetables. When taken with Masaji each morning, Nutri-Smart™ will ensure that your body is provided with the anti-oxidants and phytonutrients it needs to thrive.

Item#: 2520 PV: 47.32 Retail: \$91.00 Wholesale: \$72.80



◀ Gluco-Smart Proper Cellular Nutrition

The proprietary formula in Gluco-Smart™ is based on complex principles of nutrition and body function and can reverse multiple health conditions that contribute to weight gain, diabetes and heart disease. Find proper cellular nutrition, renewed energy and ideal weight.

Item#: 502 PV: 22.75 Retail: \$43.75 Wholesale: \$35.00



◀ Smart Cleanse Detoxification

Smart Cleanse™ from Be Young detoxifies all the organs of elimination while supporting healthy liver function. Through a unique combination of herbal extracts and nutrients, this supplement safely keeps the body free from potentially dangerous chemicals.

Item#: 525 PV: 22.75 Retail: \$43.75 Wholesale: \$35.00



◀ Smart Heart Cardiovascular Support

Formulated through decades of extensive research, Be Young's exclusive Smart Heart™ supplement addresses the real causes of heart disease by supporting the cardiovascular system with quality nutrition your body can readily absorb.

Item#: 520 PV: 25.97 Retail: \$49.95 Wholesale: \$39.95



◀ Smart Change Women's Health

At last, a full spectrum, all-natural approach to balancing a woman's body as she experiences menopause and adrenal deficiencies Smart Change™ helps combat night sweats, mood swings, sluggish metabolism, and hot flashes without negative side effects.

Item#: 510 PV: 19.5 Retail: \$37.50 Wholesale: \$30.00

INTRODUCING



TOTAL HEALTH

Be Young Total Health is focused on complete, whole-body wellness. The complete Be Young Total Health product line is designed to provide all natural, preservative free, whole food-based products. We are committed to using the highest quality ingredients available, such as nutritionals with elevated ORAC values and EOBBB guaranteed essential oils. These high-value and high-potency products benefit your entire body, strengthen immunity, and increase energy for Life Restoring, Life Rewarding success.

START YOUR WELLNESS JOURNEY TODAY!

⚡ ATTACK

Immediately fight the free radicals that are attacking your body



Delicious and packed with more antioxidant power than any other healthy fruit drink, The antioxidant power of Masaji is equivalent to 3000 fruits.

Item#: 4000 PV: 45.5 Wholesale: \$70.00

30 Day Supply Includes: (2x) 16oz. bottle *Masaji*.



DEFEND

Build a strong defense against future free radical attacks



The powerful essential oil combination in Liver Cleanse helps the liver purify toxins from the body and promote overall wellbeing.

Item#: 4020 PV: 19.5 Wholesale: \$30.00

30 Day Supply Includes: (1x) 30 pack *Liver Cleanse*.



RESTORE

Reset your nutritional balance and build new healthy habits



Nutritional support is easy with the all-natural, whole food nutrition in NutriSmart supplements and deliciously targeted Meal Replacement Shakes.

Item#: 4010 PV: 87.75 Wholesale: \$135.00

30 Day Supply Includes: (1x) bottle *Nutri-Smart*, (2x) bottle *Be Trim, Be Fit, or Be Vegan MRP*.



PROTECT

Safeguard your body systems from the effects of harmful conditions



Feeling clean and rejuvenated can be safe with Enoscents. Our bath and beauty products are pure, natural, and packed with the power of essential oils.

Item#: 4030 PV: 27.3 Wholesale: \$42.00

30 Day Supply Includes: (1x) 12oz. bottle *Enoscents Shampoo*, (1x) 12oz. bottle *Enoscents Conditioner*, (1x) 8oz. bottle *Enoscents Body Wash*, (1x) 4oz. bottle *Kiss Toothgel*.





LIFE RESTORING

LIFE REWARDINGSM

be bodysmart™

be young
TOTAL HEALTH 

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